



**Walker Therapeutics &
Educational Programs and
Quincy Public Schools Present**



Presenter:
Taiany Goulart,
MA, CAGS, LMHC

**A VIRTUAL PARENT ACADEMY:
UNDERSTANDING ANXIETY
TRANSLATION AVAILABLE**

Presenter:
Amy Ballin,
LICSW, PhD

Connect with other parents and learn strategies to address and confront anxiety. The goal is to inspire both hope and change. The two sessions are designed for participants to try new strategies, reflect, and follow-up. All are welcome to join if you can not attend both sessions.



Meet other
parents



Get your questions
answered



Learn together &
get support

**Sessions:
May 14 & June 4
6:30-8:00**



Passcode 110572
[Parent Academy Link Here](#)

